





## Itinerary:

**Day One:** Arrive Saint John Airport and pick up rental car, head to Shadow Lawn Inn in Rothesay. Overnight Shadow Lawn Inn.

**Day Two:** Depart Rothesay for the Kingston Peninsula ready for your Caviar Experience. Acadian Sturgeon and Caviar Inc. is the brainchild of Cornel Ceapa, a Romanian scientist who was driven to these shores by circumstance and his passion for sturgeon, a fish that has swum through the St. John River for millions of years. Early every morning during the sturgeon fishing season ( May, July and August), depart by fishing boat, taking in the breathtaking views and oceanscape travelling 30 kms upstream from the river's mouth at the Bay of Fundy. You will be with expert commercial fishermen to pull in the 6-9 feet long sturgeon, visit the hatchery and caviar processing plant and of course enjoy a caviar and champagne tasting. Overnight Shadow Lawn Inn.

**Day Three:** Depart Rothesay for Fredericton, New Brunswick's Capital City. Welcome to picturesque Fredericton, New Brunswick's capital city noted for its heritage and culture. Lots to see and do in this delightful city. Places to visit include City Hall, Christchurch Cathedral, the Historic Military Compound and Old Government House. Further afield visit Kings Landing Historical Settlement - a re-enactment of the sights, sounds and feel of rural New Brunswick life in the 1800's.

In the afternoon enjoy a Heritage Architecture Tour of Fredericton – with Peter Pacey, co author of "Building Capital"- a Guide to Fredericton's Historic landmarks. Fredericton is blessed with some of the finest heritage architecture in Canada. This guided stroll through time, led by a heritage expert, explores the vibrant styles of architecture found within the St. Anne's Point Heritage Preservation Area, famous for its Victorian charm. The predominant architectural styles of the colonial capital are featured in this tour through this picturesque and historic neighborhood. General discussions of the role of architecture in our lives and such topics as form vs. function and the rationale for various design elements. Overnight Quartermain House.

**Day Four:** This morning enjoy the Beaverbrook Art Gallery - Art Lover's Tour - Gerry Rymes, host and interpreter, exudes a passion and enthusiasm for the Beaverbrook's collection of artistic masterpieces that you'll find irresistible. His stories take you beyond mere observation, actively engaging you in discussion and discovery of your own artistic instincts. And his list of favourites is a truly unique view of the gallery's widely recognized collections. Combine the gallery's interactive tour, Gerry's stories and the timeless elegance of your surroundings to create a personal experience of artistic awe.

This afternoon enjoy a 'Taste This Food Tour ' of downtown Fredericton. This foodie tour of downtown Fredericton with tastings of food and locally brewed beverages along the way is an interesting way to discover a city, its people, and taste awesome local food. Overnight Quartermain House.

**Day Five:** Depart Fredericton for St. Andrews- By- the- Sea for 3 nights

On arrival explore St Andrews-By-the- Sea. Est. 1783, founded by the United Empire Loyalists, and represents one of the best preserved examples of colonial heritage in North America. The town, designated one of Canada's National Historic Districts with some homes over 200 years old, is a treasure trove of beautiful architecture, unparalleled scenery and rich marine life. This quaint seaside town is known for its restored estate homes, fine hotels and inns and stunning gardens. A place where marine wonders and pastoral farmland go hand in hand and offer adventure terrain both on and off shore. This enchanting coastal hideaway has attracted royalty, celebrities and world travellers over the centuries... and now it's your turn to relax and enjoy!

In the afternoon enjoy a visit to Kingsbrae Gardens. The garden covers a total of 27 acres and sits on a hill overlooking Passamaquoddy Bay in Canada's premier seaside resort community and National Historic District, St. Andrews by-the-Sea. Pose by the working windmill, sculptures, "flowerpot people" or peacocks. Over 65 species of birds have been found either nesting in the Garden or stopping off there during yearly migrations. After your self-directed or guided interpretive tour, visit the delightful, licensed Garden Café, either indoors or on the terrace. Don't miss Kingsbrae's fully equipped Plant Centre, where unusual perennials, shrubs and trees are a specialty!

This evening at 7pm enjoy the Tasting Menu at Savour in the Garden. Savour in the Garden is an intimate fine dining restaurant located in the award winning Kingsbrae Garden. With a limited number of seats this creates a far more intimate culinary experience. Chef Alex Haun creates artistically-inspired tasting menus with the freshest local ingredients that are brought to the restaurant's door each day.



**Day Six:** This morning enjoy a Whale Watching Nature Cruise of the Bay of Fundy. The Bay of Fundy has been compared in marine biodiversity to the Amazon Rainforest, known globally for its ecology, geology, tidal energy currents, and habitats. It is renowned for having the most extreme tides on the planet at 17 metres (50 feet), five to ten times higher than the rest of the world's tides. The tides of the Bay of Fundy offer a summer feeding ground for the endangered North Atlantic Right whale, among 12 other species of whales and other marine life and countless birds.

In the afternoon enjoy a self guided tour of Minister Island. Just a short drive across the ocean floor at low tide. Visit the residence of the visionary railway builder in Canada, Sir William Van Horne. The island is named after the Loyalist Anglican minister, Reverend Samuel Andrews, who first settled on the island in 1786. The original stone house where Rev. Andrews lived with his family is still standing. Ministers Island is an enchanting place to experience. This 500-acre island is only a part-time island. You reach it by driving over the seafloor approximately 1 kilometer (1/2 mile). Once there, you are immersed in an experience from the late 19th and early 20th century—the summer estate of Sir William Van Horne, the first president of and the driving force behind the Canadian Pacific Railway. Sir William's vast house, his equally large barn and his bathhouse / artist's hideaway are on view, as are the beautiful carriage lanes through woods and fields.

**Day Seven:** Today enjoy a full day tour to Campobello Island. Travel by \*Water Taxi from St. Andrew's Wharf to Campobello Island.

On arrival you will enjoy a comprehensive sightseeing tour of Campobello Island. Your guide will show you around the hidden gems, stunning viewpoints, lighthouses and beaches. En route you will learn about historical facts and today's island-living. Expect to see seals playing in the water and eagles soaring high. Highlights Include: Friars Head, Liberty Point, Head Harbour, East Quoddy Light House Area, to name a few!

Enjoy Lunch and then take time to explore the Roosevelt Campobello International Park. You will visit Franklin D. Roosevelt's magnificent 34-room summer residence. Today it is the centerpiece of Roosevelt-Campobello International Park, preserved as a memorial and as a symbol of the close friendship between Canada and the United States. Visitors are welcomed to the Park in the Edmund S. Muskie Visitor Center, where panels, displays, and a short video interpret the Roosevelt story from the time Franklin Roosevelt and his parents first visited Campobello through his battle with polio, his presidency, and the establishment of the Park. After your self guided tour of Roosevelt Campobello International Park, enjoy afternoon 'Tea with Eleanor'.

Return by water taxi back to St. Andrews-By-the-sea.

\*Water taxi to Campobello operates on a Mon, Wed and Fri. Other days will be on request.

**Day Eight:** Depart St. Andrews- By-the-Sea for Saint John Airport.

## Optional Experiences:

### Off Kilter Bike Tour ( 2 hrs)

A few years ago, artist and mountain biking enthusiast Geoff Slater decided to go biking in a kilt, and presto... Off Kilter Mountain Biking Kilts were created to be light weight, functional and, of course, stylish. The kilts are now the trademark of Off Kilter Biking Tours who takes private clients on loaner Cannondale mountain bikes and loaner kilts. All abilities catered to.

**\$76 Per Person Including Tax**

### Pinot and Pallet Experience ( 2 hr class)

Friday 3 – 5 pm

Savour wine and cheese with step by step instruction on how to paint your own masterpiece with Geoff Slater. All supplies are included in your class, and the course is designed to welcome artists of all experience. 16" by 20" acrylic painted images are updated regularly and themed to reflect Kingsbrae Garden or the beautiful St. Andrews by-the-Sea. Your instructor Geoff Slater is a New Brunswick artist who lives near the resort town of St. Andrews by-the-Sea. He is best known for his line paintings — images that are created using one continuous line. He also creates traditional images using watercolour and acrylic, graphites that have "A Touch of Red" and prints using woodblock, intaglio and lithograph techniques. Geoff is also a muralist who has painted everything from garage doors and the sides of buildings to water towers and steel buoys.

**Cost: \$45 Per Person Including Tax**

### Evening Yoga in the Rose Garden at Kingsbrae Gardens (1 hr)

Tuesday and Thursdays 6 – 7 pm

Enjoy beautiful surroundings and stretch your way to a healthier lifestyle with a certified yoga instructor. This class is designed for yoga lovers both experienced and new, and the perfect way to unwind and soak up your beautiful surroundings.

**Cost: \$17 Per Person Including Tax**



## **Accommodations:**

### **Shadow Lawn Inn**

At Shadow Lawn Inn, nestled in the heart of Rothesay, New Brunswick, nearly a century and a half of charm and hospitality awaits you. Full service convenience and amenities, award winning cuisine, restful accommodations, peaceful seclusion and friendly staff will make your stay truly memorable at this beautiful Atlantic Canadian Inn.

### **Quartermain House**

Quartermain House, a 5 Star property offers guests a relaxing stay in a heritage property located on historic Waterloo Row along the Saint John River and just a ten minute walk from picturesque downtown Fredericton, NB Canada. Within the walls of this warm and historic 1840's Gothic Revival period house, a Fredericton landmark, guests step back in time where princesses danced and presidents were entertained. A former home to the first NB born president of UNB Thomas Harrison in 1870 and later Premier and Lt. Governor John B. McNair.

## **Accommodation Choices in St. Andrews-By-the-Sea:**

### **Treadwell Inn**

Treadwell Inn is located in the heart of St. Andrews overlooking the beautiful Passamaquoddy Bay. Whether you are relaxing in your beautifully appointed room or sitting in the seaside garden, the Treadwell Inn offers breathtaking sunset vistas and a panoramic view of the world famous Fundy Tides. Treadwell Inn was originally built Circa 1820 by ships chandler, John Treadwell. This meticulously crafted building later served as the Town's Customs House, as proclaimed by a stained glass window over the entrance. To create the atmosphere of this era, the innkeepers have faithfully restored the architectural details and furnished the guest rooms with period antiques.

### **The Algonquin Resort**

For generations, travelers have escaped to The Algonquin, in New Brunswick's charming town of St. Andrews by-the-Sea, for its majestic presence, maritime hospitality, and invigorating seaside allure. The Algonquin is one of Canada's most luxurious and legendary resorts. Rich in history, meticulously restored to its original splendour, and complete with every modern comfort you could desire, this year-round destination truly offers the best of the past with contemporary amenities. The iconic building and its grounds are an oasis. Elegant guest rooms, contemporary dining, indoor and outdoor pools, waterslide, a pampering spa, private beach and manicured gardens.

### **Kingsbrae Arms – Relais & Chateaux**

Kingsbrae Arms in St. Andrews New Brunswick, is an exclusive member of the world-renowned Relais & Chateaux family. The ten room inn is one of only a handful of properties in Canada that bear the distinguished Relais & Chateaux shield setting the worldwide standard for excellence in hospitality and cuisine. The owners have taken every measure to preserve the historic charms of the house, and at the same time updating its comforts to twenty-first century tastes without intruding.